How to Register and Access Your Salem Health Retirement Plans Online

Salem Health
Hospitals & Clinics

Your Salem Health Retirement Plans are important benefits. You need the right information, resources, and support to help you make decisions with confidence.

Visit www.netbenefits.com/SalemHealth to view your Plan details all in one place. You can also call the Retirement Service Center at **800-343-0860** for assistance, Monday through Friday from 5:30 a.m. to 9:00 p.m. PT.

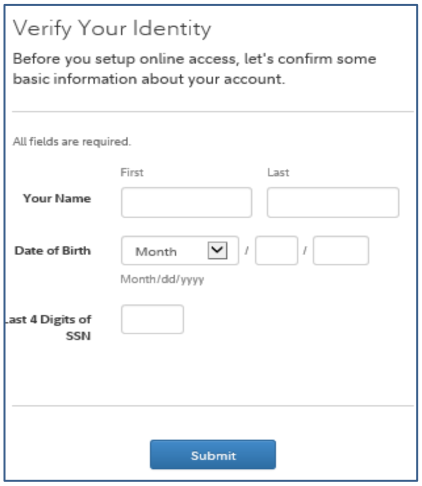
How to Register for Your NetBenefits® Account for the First Time

1. To register for your account, visit www.netbenefits.com/SalemHealth.

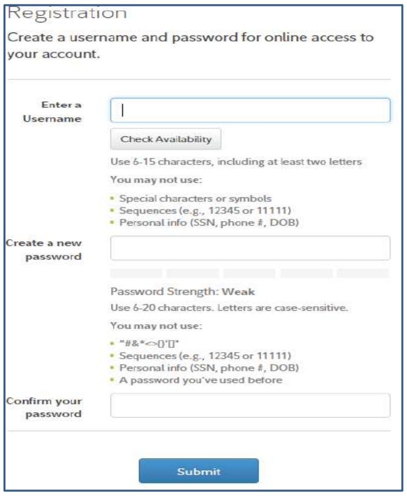
2. Click on the *Register* link and follow the prompts to establish a NetBenefits username and password.

If you already have a username and password for Fidelity.com or NetBenefits, you may log on by using that information. If you have forgotten your username and/or password, click *Need Help?* and follow the prompts.

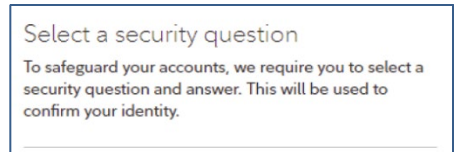
3. Verify your identity and enter in the following required fields:
   - Your first and last name
   - Your date of birth
   - Last four digits of your Social Security number



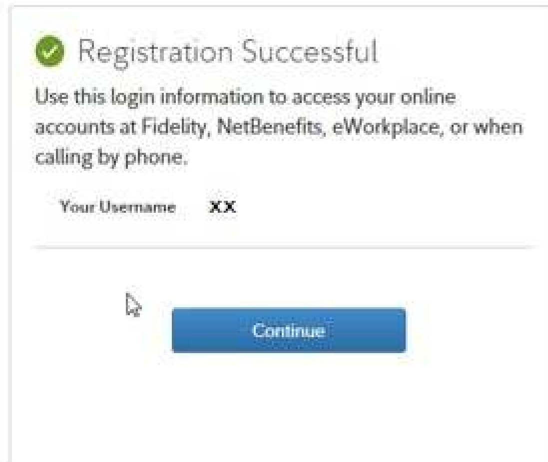
4. Enter a username and create a password.



5. Select a security question.



6. Registration successful. Click *Continue* to view your NetBenefits home page.



Important
The registration experience for participants registering as new users on NetBenefits is subject to ongoing enhancements designed to guard against the risk of fraudulent activity. Required information during registration allows Fidelity to better protect your account and for you to take advantage of security features such as two-factor authentication and real-time alerts to protect from potential fraud and risk.

To Enroll

1. Visit www.netbenefits.com/SalemHealth.

2. Select *Start Now*. You will be directed to the login steps for NetBenefits.

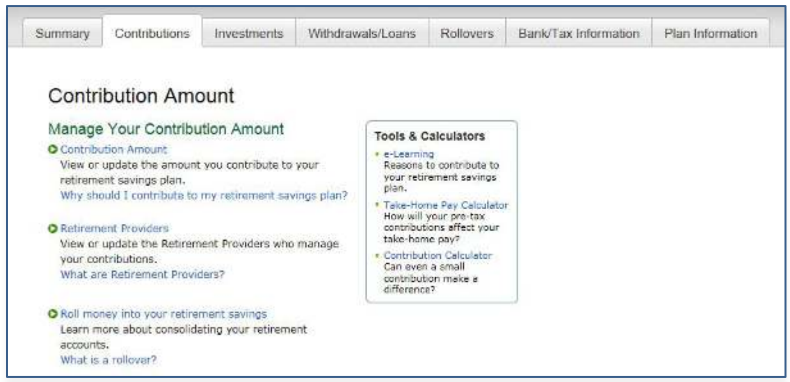
3. Once you are logged in to NetBenefits, select the Salem Health 401(k) Plan and click *Enroll*.

4. Select *Begin* to enroll and follow the prompts.

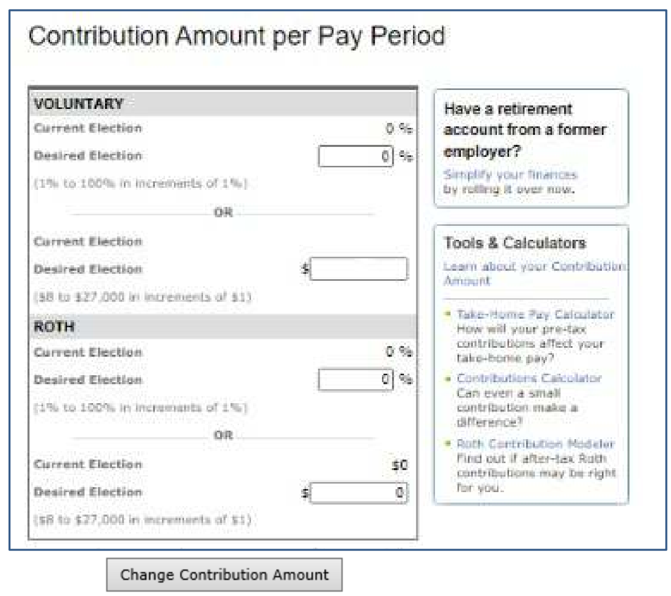
How to Change Your 401(k) Plan Contribution Amount

Whether you are enrolling for the first time, have already maximized your allowed contributions for the year and need to stop contributing, or simply just want to change the amount you're saving, you can update your contribution amount online at any time.

1. Log on to your account at www.netbenefits.com/SalemHealth with your NetBenefits username and password.
2. From the home page, click the *Quick Links* drop-down menu next to the 401(k) Plan and select *Contribution Amount*.



3. Enter the desired election amount. Click *Change Contribution Amount*.



4. *Contribution Amount Confirmation* will appear for you to print for your records.

Go Mobile App

Download the free **NetBenefits® Mobile App** to check your Salem Health Retirement Plan balances, select investment options, or change balances among investments and more!

Need Help?

Call **800-343-0860** to speak with a Fidelity Representative, Monday through Friday from 5:30 a.m. to 9:00 p.m. PT.

You can also visit **www.netbenefits.com/SalemHealth** to view plan details.

Investing involves risk, including risk of loss.

Screenshots are for illustrative purposes only.

System availability and response times may be subject to market conditions.