

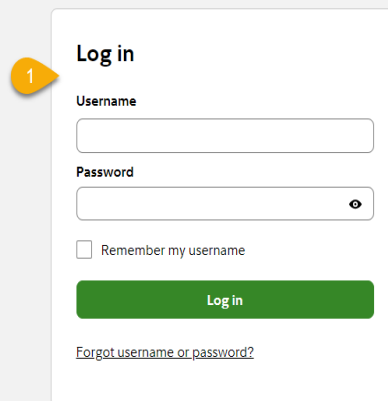
401(k): Salem Health Retirement Plan

How to change your contribution

Log into www.netbenefits.com/SalemHealth.

If you've logged into Fidelity's website before, continue logging on with your username and password **option 1** shown in the screen below

If you've never logged into Fidelity's website, click on "Register" as shown in **option 2** and follow the screen prompts.



Log in

Username

Password

Remember my username

Log in

[Forgot username or password?](#)

New to Fidelity NetBenefits®? [Register as a new user](#)

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Recordkeeper: Fidelity Investments
Phone: 800-343-0860
Website: netbenefits.com/SalemHealth
Account number: your Social Security number

Once logged into the website and on your home screen:

1. Under Take action, click on Manage contributions

The screenshot shows the Salem Health website home screen. At the top, there is a navigation bar with the Salem Health logo, a search bar, and links for Home, Accounts & Benefits, and Plan & Learn. Below the navigation bar, there is a section for 'Your portfolio' with a balance of \$ and a 'View investments' link. To the right, there is a call to action: 'Set goals, track your progress, and take control. Manage your plan'. The main content area is divided into several sections: 'Your accounts and benefits' with a 'Retirement savings' section for 'SALEM HEALTH 401K 401(k):93370'; 'Take action' with a red arrow pointing to 'Manage contributions'; 'Your retirement savings milestone' with a progress bar showing a current balance of \$84,262 and a goal of \$279K; and an attention alert: 'Attention: You may be missing out on a plan benefit available to you. Learn more'. Below the milestone section, there are controls for 'Contribution rate' (8% per paycheck) and 'Retirement age' (67), along with a 'Review contributions' button.

2. Enter the desired election percentage and submit

The screenshot shows the 'SALEM HEALTH 401K (93370)' Contributions page. The 'Contributions' tab is selected and highlighted. The page title is 'Contribution Amount per Pay Period'. There are several informational boxes: 'Consider This...' with advice on saving at least 15% of income; 'Have a retirement account from a former employer?' with a link to 'Simplify your finances'; and 'Tools & Calculators' with links to 'Learn about your Contribution Amount', 'Take-Home Pay Calculator', and 'Contributions Calculator'. The main section is 'Contribution Amount' with a 'PRE-TAX' sub-section. It shows a 'Current Election' of 8% and a 'Desired Election' of 8% (0% to 70% in increments of 1%). A slider is set to 8%, with a green circle '1' pointing to it. Below this, a table shows 'Contribution Amount Total' with 'Current Election' and 'Desired Election' both at 8%. A note states: 'Your changes will generally take effect in 1 to 2 pay periods depending upon when your employer makes your requested payroll change.' A green circle '2' points to a 'Change Contribution Amount' button. At the bottom, there is a footer with 'Questions? Call (800) 343-0860' and copyright information: '© 1996-2024 FMR LLC All rights reserved.'

Review and Submit Contribution Amount

Your changes appear below. To complete your transaction, click Submit. To change your contribution amount, click Previous.

Your Contribution Amount per Pay Period

Contributions	Current	Desired
Contribution Amount		
PRE-TAX	8%	8%
Contribution Amount Total	8%	8%

When you click Submit, a confirmation page will be displayed, which you may print and save for your records.

[Previous](#)

[Submit](#)

[Cancel Changes to Contribution Amount](#)

Questions? Call (800) 343-0860

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IA=1 RM=1 WT=1 SS=2 SZ=3 CL=1

Contribution Amount Confirmation

your Contribution Amount elections were updated. Your changes will generally take effect in 1 to 2 pay periods depending upon when your employer makes your requested payroll change.

Please print and save this confirmation for your records before leaving this page.

[Print](#)

Your confirmation number is

Please make sure your e-mail address is valid.

After this transaction has been processed, we will send an e-mail notification to including a link to details of your latest transaction(s).

[Update my e-mail address](#)

Your Contribution Amount per Pay Period

Contributions	Desired
Contribution Amount	
PRE-TAX	8%
Contribution Amount Total	8%

Next Steps

- Automatically increase your savings as your salary increases to help reach your goals.
[Go to Annual Increase Program.](#)
- The market will affect your investments.
[View and update your investment elections.](#)

[Return to Contribution Amount](#)

Questions? Call (800) 343-0860

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IA=1 RM=1 WT=1 SS=2 SZ=3 CL=1

3. Follow any prompts thereafter if instructed.