

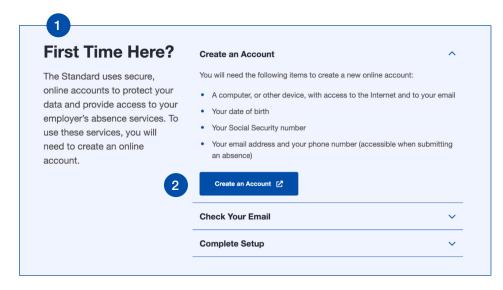
Create an Online Account for Absence Management Services

Get Started

You will need the following items to create a new online account:

- A device with access to your email
- Your date of birth
- Your Social Security number or Employee ID number
- An email address and phone number that you'll have available during your leave or claim

Create an Account



- Go to standard.com/absence.
- Scroll down to the First
 Time Here? section
 to open the Create an
 Account section and select
 the Create an Account
 button.

Continued on next page

‡ The Standard is a marketing name for StanCorp Financial Group, Inc. and subsidiaries. Insurance products are offered by Standard Insurance Company of Portland, Oregon, in all states except New York, where insurance products are offered by The Standard Life Insurance Company of New York of White Plains, New York.

Create an Account Personal Information All fields are required. First Name Last Name Fmail Address (000) 000-0000 Is this a mobile phone? Yes No Login Information You'll use this to log into your account. Choose a user name following these requirements: 7-20 characters At least one letter No spaces No symbols or punctuation marks (@ \$, & # | % etc.) Cannot start with 0 Choose a password following these requirements: At least 10 characters A lowercase letter (like a) An uppercase letter (like A) A number and special character (like 1 and \$) Password Show Confirm Password

- On the Create an Account page, enter personal information and create a username and password based on the instructions, then **Continue**.
 - If you'd like to receive text alerts to manage your two-step verification during login, be sure to enter a mobile phone number.

4 Create an Account

Verify your email to activate your account.

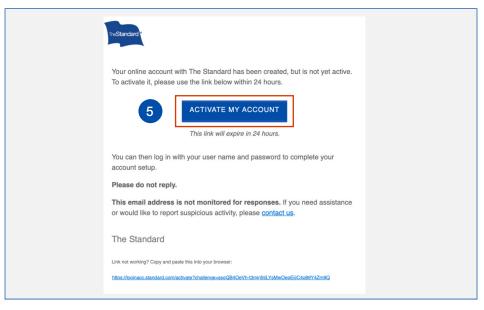
You're almost done! To complete account setup, follow the link sent to to activate your account.

The account activation link in the email will expire in 24 hours.

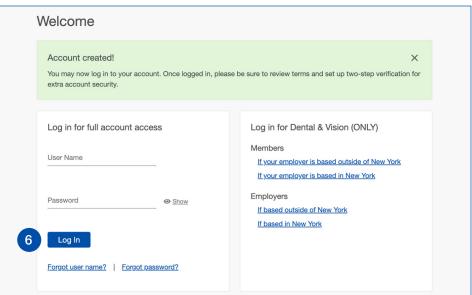
Having Problems?

If you do not see the email within a few minutes, check your spam or junk folder. If it's not there, you can request a new link or contact us for assistance.

Once you **Continue**, you will see instructions to verify your email address to activate your account.



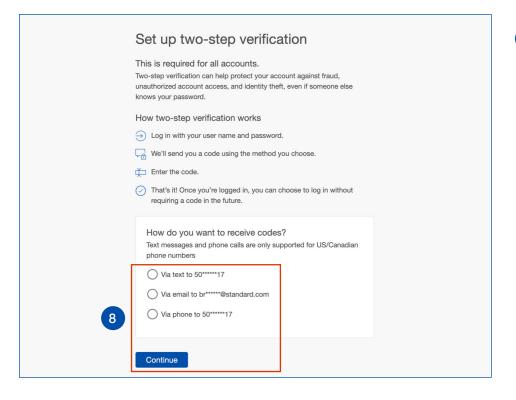
Go to your email, open the Activate Your Online Account email from The Standard[‡] and use the **ACTIVATE MY ACCOUNT** link within 24 hours to verify and activate your account.



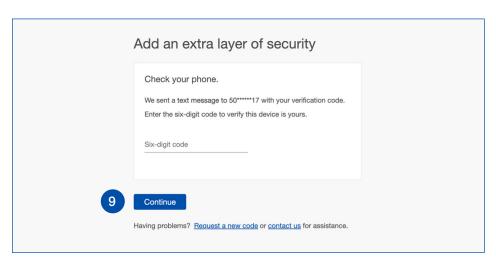
That link will direct you to a log in page with a success message. Enter your username and password, and Log In.

	Terms and Consent
	Welcome. Your online account with The Standard provides access to our secure online services.
	To continue, please read the following terms and conditions, then accept the agreement that follows these terms. If you do not agree, you will not be able to proceed.
	Acceptance of Terms
	By checking "I have read and agree to the Terms and Consent" you are consenting to the terms and conditions set forth in these Terms and Consent, as well as the Terms of Use and Privacy Policy that govern use of The Standard's web pages and apps (collectively the "Site"). Nothing in these Terms and Consent require The Standard to continue to provide the online services.
	Additional Terms
	The Standard may choose to offer different or additional online services in the future that it will provide under terms and conditions other than or in addition to those described in the Acceptance of Terms section and Consent to Electronic Transfers section. Therefore, as a condition of accessing or receiving those additional services, you may be asked to agree to different or additional terms and conditions.
7	I have read and agree to the Terms and Consent
	Continue Cancel

After logging in, review the Terms and Consent statement, acknowledge I have read and agree to the Terms and Consent and then Continue.



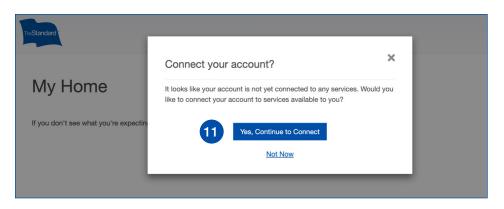
- Next, you'll set up an additional layer of security called two-step verification. This feature requires two things when you log in to access your account from an untrusted browser: something you know (your username and password) and something you have (your phone or computer).
 - Select your preferred method to receive the two-step verification code and then Continue.



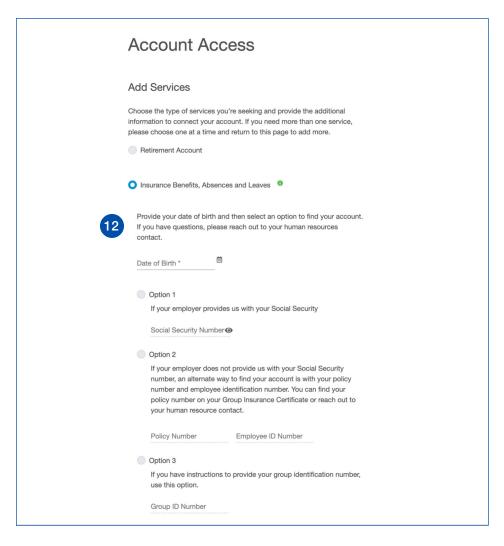
Based on your selection, check your phone or email for the six-digit verification code, then enter the code to verify your device and Continue.



If you trust the device used to log in, select **Trust this**browser and **Continue to**My Home.



In the Connect your
Account? window, select
Yes, Continue to Connect.



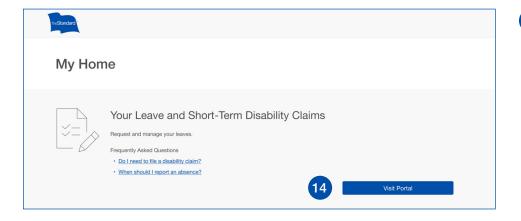
- Choose Insurance
 Benefits, Absences and
 Leaves and enter your
 identifying information:
 - a. Enter your Date of Birth.
 - **b.** In Option 1, enter your **Social Security** number.
 - C. Or in Option 2, enter your employer's Policy Number and yourEmployee ID Number.
 - d. Option 3 is only provided for very specific situations.
 Selecting options 1 or 2 are typically the best choices.
 - e. Add Services.

If you have questions about which option to use, please reach out to your HR Department.

Account Connected Your account is connected to your Insurance Benefits, Absences and Leaves You can return to this Account Access page anytime for your profile menu If you need to add additional services Continue to My Home

Once successfully connected, select

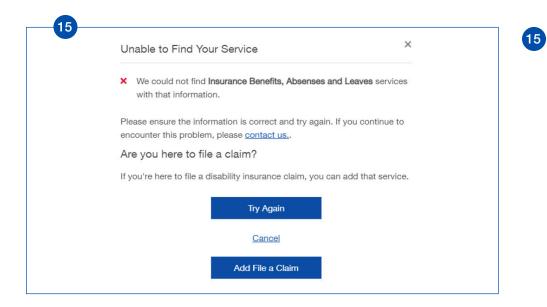
Continue to My Home.



The **My Home** screen displays panels based on the services and benefits available to you.

Sample screen (actual screen may vary based on the available products and/ or services)

When you are ready to report or manage a claim or leave, choose **Visit Portal**.



- Troubleshooting or alternate path: The Unable to Find Your Service window displays if the system is unable to match your information to your services and benefits.
 - You can Try Again to go back to the Account Access page and reenter your information or try another option.

IMPORTANT: The **Add File to a Claim** option **should not be used** for your leave and claim management services with us.

If you are unable to connect to your service, call or text the Contact Center at 866.756.8116. In New York call or text 866.757.1984

Standard Insurance Company | The Standard Life Insurance Company of New York | standard.com

‡ The Standard is a marketing name for StanCorp Financial Group, Inc. and subsidiaries. Insurance products are offered by Standard Insurance Company of 1100 SW Sixth Avenue, Portland, Oregon, in all states except New York, where insurance products are offered by The Standard Life Insurance Company of New York of 445 Hamilton Avenue, 11th Floor, White Plains, New York. Product features and availability vary by state and company, and are solely the responsibility of each subsidiary. Each company is solely responsible for its own financial condition. Standard Insurance Company is licensed to solicit insurance business in all states except New York. The Standard Life Insurance Company of New York is licensed to solicit insurance business in only the state of New York.